



NAME / Nom:

HEALTHY HABITS

Hàbits saludables

Watch the following video and answer the questions in the answer sheet:

Mira següent vídeo i respon les preguntes en el full de respostes:



<https://www.ccma.cat/tv3/super3/familia/especial-bons-habits/video/5992647/>

1. The first action that Pau does when he wakes up is....?

- a) Wash his hands
- b) Brush his teeth
- c) Take a shower

2. What do you need to brush your teeth?

- a) An apple
- b) A toothbrush
- c) A jumper



3. What does Pati Pla need to wash her hands?

- a) Shampoo
- b) Soap
- c) Oil

4. What colour is Pati Pla's soap?

- a) Red
- b) Pink
- c) Green



5. Who invented the healthy habits bell?

- a) Pati Pla
- b) Àlex
- c) Desmond

6. You should brush your teeth during:

- a) One minute
- b) Two minutes
- c) Five minutes

7. In the bathroom they eat:

- a) Tomatoes
- b) Banana
- c) Cheese



8. We can share our toothbrush.

- a) True
- b) False

9. It's correct to turn off the water if you are not in the shower:

- a) True
- b) False

10. What are they doing?

- a) They are sleeping
- b) They are taking a shower
- c) They are listening to music

