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HEALTHY

BODIES

Primary 1
SCIENCE



DOING EXERCISE
IS HEALTHY!

Fer exercici és sa!

DRINKING WATER IS HEALTHY!

Beure aigua és sa!



EATING VEGETABLES IS HEALTHY!

Menjar verdura és sa!



EATING FRUIT IS HEALTHY!

Menjar fruita és sa!



SLEEP IS HEALTHY!

Dormir és sa!

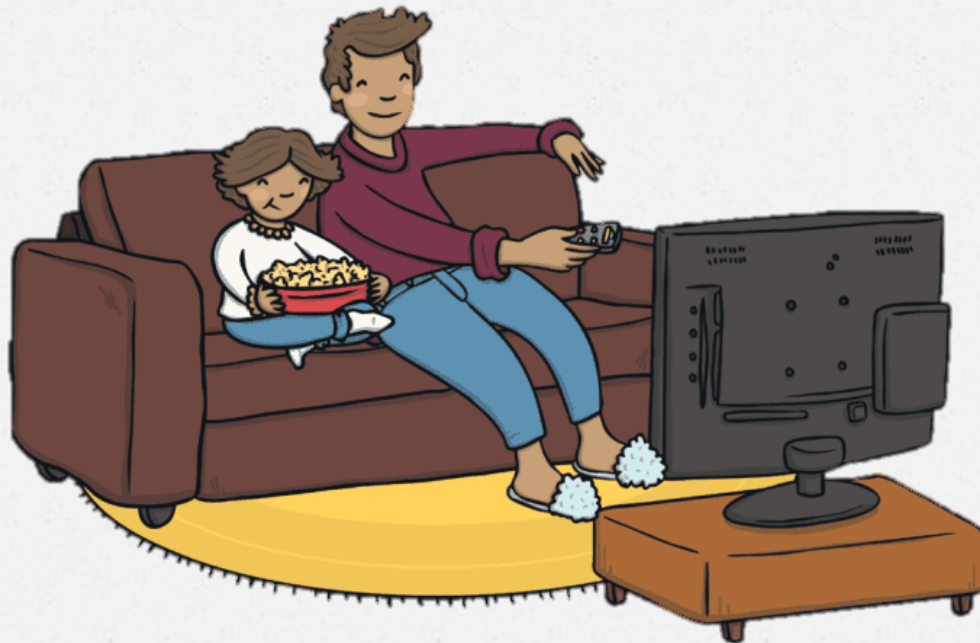


WASHING YOUR HANDS IS HEALTHY!

Rentar-te les mans és sa!



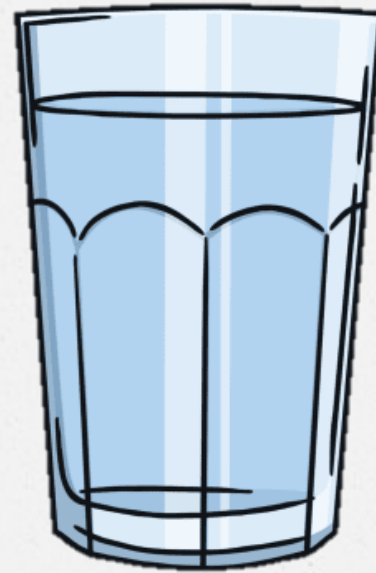
Point the healthy habit:



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Now, we have a
CHALLENGE for you!

TAKE TWO PICTURES OF YOU SHOWING A HEALTHY AND AN UNHEALTHY HABIT

*Fes-te dues fotos mostrant un hàbit saludable
i un hàbit perjudicial per la salut*



AND SEND THEM TO US!

I envia'ns-les!

fcps.science.department@gmail.com